

Columbia College Chicago Counseling Services: Info for Parents



What can counseling services provide my student?

- Individual therapy: Up to 12 sessions per academic year, focused on a wide range of issues including depression, anxiety, relationships, academic and personal stress, and more.
- Groups: Open spaces for students to talk about their current life experiences and learn new skills, while connecting with their peers.
- Referrals: Linkage to community providers for services that the Counseling Center does not provide.

What are the costs?

- A semesterly fee, which is included in your student's tuition and fees, covers the costs of all visits!

How do students sign up to receive services?

- Students can request services by calling our main number at 312-369-8700, or by completing a Request Services form on our website.
- Students must sign themselves up for services; parents cannot sign students up.

What if my student is already taking psychiatric medications— can they get their medication refilled?

- We do not prescribe or refill psychiatric medications. It is recommended that if your student is already prescribed psychiatric medications, you and your student coordinate with their provider to discuss refill options. Questions to ask your provider are:
Can you continue refilling my child's prescription while they are away at college?
How often will my student need to be seen by you to continue their refill?

Resources for parents to keep in mind:

Student Diversity and Inclusion

312-369-7569

Student Relations

312-369-8595

Health Services

312-369-6830

Services for Students with Disabilities

312-369-8296

Office of Equity Issues and Title IX

312-369-6343 or 312-369-6344

